

Staff and Volunteer NEWSLETTER

JUNE 2021

THE
FED

Caring for our
Community



My Voice volunteers receive highest award achievable

Volunteers for My Voice have a lot of reason to celebrate! The group of over 50 volunteers, who work exclusively on this Fed project, have been honoured with The Queen's Award for Voluntary Service (QAVS) - the highest UK award achievable for a voluntary group - equivalent to an individual receiving an MBE!



The Queen's Award for Voluntary Service

My Voice falls under the remit of our Volunteer Services Department, led by manager Juliette Pearce. Its volunteers befriend Survivors and Refugees from the Holocaust and support them in recounting their

life stories which are published into hardback books. These are priceless legacies for the Survivors themselves, their families and future generations, and offer valuable first-hand accounts for Holocaust education.

Juliette explains "My Voice celebrates the Survivors' *entire* lives – not just the years of persecution. The books cover their childhoods in communities which were decimated, and the rebuilding of their lives from nothing. They tell of their successes and the wonderful contributions they have made to society. They are stories of triumph.

"This accolade however is for the dedicated volunteers who undertake a variety of roles to enable these stories to be told. They befriend our storytellers over months and years recording conversations which are then transcribed and go through a meticulous editing, proof-reading and design process,

including exquisite photography.

"The care, sensitivity and exactitude of the task is breath-taking. These volunteers are from all walks of life and bring a huge range of skills. Above all they are passionate and committed individuals who take on an enormous responsibility – not just to the Survivor but to the loved ones they lost – helping ensure they will never be forgotten, and that the positives in their lives will be celebrated."

Up till now My Voice has published 28 books with another 11 currently in production. A set of volumes is archived at Yad Vashem, World Holocaust Remembrance Center in Jerusalem.



Message from Mark

THE first half of 2021 is almost over in the blink of an eye - a realisation reinforced when I recently had to put one of my first meetings in my diary for 2022!

Over the last few months, much of our focus has been on the Government's road map to recovery, and our own as an organisation. We have already passed several key dates which signalled the easing of restrictions, particularly May 17, since when we have been able to enjoy mixing more freely with family and friends.

The next significant date is June 21 when, if all goes well, restrictions are due to ease further though as I write, the country is faced with the challenges of a new variant of Covid-19 which is seriously affecting Bolton and other areas in the UK. Let's hope any knock-on effect, on infection rates more locally, are kept to a minimum and we will be able to continue on our journey back to normal Village and community life.

The advice remains the same if we all

want to enjoy social freedom, sooner rather than later:

- *Get vaccinated.*
- *Use the swab testing facilities that are available both at work and in the community.*
- *Follow the Government rules.*
- *Wear PPE.*
- *Wash your hands.*

OUR 2030 document sets out our plans for the year ahead and is available to all staff and volunteers. It explains the challenges we face and our priorities for the year ahead.

We have begun to see several departments develop new and exciting projects: our Community Services teams have been creating new avenues of support to help inform the community about keeping Covid safe, re-starting group sessions and responding to a continued demand for help, notably in South Manchester.

At the same time, we are playing a vital role in providing discharge to assess beds for people living in Bury. This has been very busy, and

everyone has done a fantastic job in very challenging circumstances.

NOTHING could celebrate louder the fantastic job we do, than our recent The F word programme and its centrepiece – the poem by Tony Walsh, set to film by Millk Productions. Many of his words came from the lips of staff and volunteers. The poem is, in my eyes, a work of genius. If you have not yet seen or heard it, watch it online on The Fed's Facebook and YouTube pages.

The film and the poem are a bittersweet experience, reminding me of the huge difference we all make to the lives of so many. At the same time it contains so many precious memories and messages.

Please, don't miss it.

Best wishes



Mark



LUCY'S UPDATE

Our Trusts, Foundations, and Bids Fundraiser, Lucy Edwards, has ensured that funding for various crucial Fed projects has continued to flow in throughout these challenging times.

Thanks to **Salford CVS**, (Salford Community and Voluntary Services) we received a grant of almost **£1,000** to pay for three tablets. These will be loaned out to people living alone, enabling them to connect to online services.

Our Pesach Play Schemes in the Children's Centre were partly funded by a further **Salford CVS** grant of nearly **£1,000** through their Healthy Holidays Grant programme, which aims to reduce food poverty among children in Salford.

The Sobell Foundation awarded us a grant of **£10,000** towards our Community Advice and Support Team (CAST), ensuring we can keep the vital helpline running for the next 12 months.

We have received a contract worth **£29,000** from **Skills for Care** to run a nursing pilot scheme, designed to share our knowledge and expertise around the recruitment of overseas nurses to the UK, as well as nurses returning to employment.

And finally, news has come through of a **£13,000** joint award from **Bury Council's Tackling Loneliness and Social Isolation Fund**, split between The Fed, Maccabi Manchester and Manchester Jewish Community Care which runs The Nicky Day Centre. This will fund a menu of groups and activities across the three organisations, for various age groups, designed to help people connect with their communities.

Last minute call to help Lucy!

The Ecclesiastical Foundation, a financial services group that exists to give its profits to charity – are once again giving out grants of £1,000 to charities through its Movement for Good programme. Anyone can nominate us, and the winners will be drawn in early June.

Last year, your support enabled us to receive a grant from the Foundation. If you have five minutes your support would mean the world to us again, but you must cast your vote by **June 13**.

Our full name is The Federation of Jewish Services, and charity number is 1117126. Under 'Who are you' select 'other' and type 'Charity Supporter.'

Visit movementforgood.com/#nominateACharity

THE F Word was FANTASTIC!

Sunday 9 May found the third-floor offices at Heathlands Village a hive of activity, as staff from across our many departments gave up their weekend evening to staff the phonelines and help out with The Fed's biggest fundraising drive of 2021.

Close to 30 members of staff and some volunteers had their fingers at the ready to take calls in response to the broadcasting of 'The F Word', a unique, groundbreaking programme about The Fed which went out live on Sky and Freeview at 8.30pm on 9 May. The show replaced our appeal dinner which usually attracts up to 600 guests – a total non-starter during Covid-19.



Director of Community Services, Bernie Garner, takes a donor's call

As the clock ticked past 8.30pm, our website and phone lines lit up, as donations poured in from all over the country - and indeed the whole world - as people watched and were touched by The F Word.

There were in-depth interviews with our Chief Executive, Mark Cunningham, and other key representatives, followed by the launch of 'Not Alone' - the poem written for The Fed by Manchester poet, Tony Walsh. This was narrated by Mancunian actor, Ashley Margolis, and beautifully set to film by Millk Media. The poem traces the 150 plus year history of The Fed which is closely interwoven with the history of our great northern city of Manchester. It describes how we have been a safety net for

people fleeing persecution in the 1860s through to those facing crises during the pandemic.

Our Fundraising and Marketing teams had been working behind the scenes for months on development of the film and programme and could not be more delighted by the brilliant communal response, with many people commenting on how moved they were.

"Beyond superb – The Fed is an absolute beacon and those involved are tremendous!" said one donor; "A wonderful organisation – our mother was so loved and cared for... thank you for being there for the Jewish community," said another.

"... the response ... has been overwhelmingly positive," said Mark. "It was a departure from a safe and familiar format – but the whole concept, the drive to get this into people's homes and their response has been nothing short of fantastic."



Filming on the streets in Salford



Children on the kindertransport



Connecting with the community during Covid



A Piece of Manchester History

We're thrilled to have produced a limited edition commemorative book, containing Tony's inspiring words and photographs from The F Word.

These are available to purchase for £15 (plus p&p) for a very limited time, offering a unique chance to own a special piece of our collective history.

To order yours contact The Fed's Fundraising team on 0161 772 4800 or email fundraising@thefed.org.uk



Brian bows out

– after a half-century of dedication

The year was 1972.

The news was full of reports from the Munich Olympic Games, and the growing Watergate scandal in America which would cause the first ever resignation of a US President. Closer to home, the miners' strikes were in full swing, and Ted Heath was in the middle of his only term as British Prime Minister.

Less column inches, however, were dedicated to Brian Pomfret's start at a brand-new care home in Manchester called Heathlands Village!

"As a teen, I'd played football on the lawns among the ruins of what had been the stately home on these grounds," Brian reminisces.

"The owner of that original property – a man called Dimitri – I never met, but I had heard from others that every Christmas he would go around Rainsough and give money to all the homeless children.

"By the time I was playing football on the grass, he had long since died and the place was really just a mess. Where the big storage containers now stand in our car park were the remains of some old horse stables."

The start of what would turn into a lifetime of service began for Brian with a familial recommendation.

"My sister was working at Heathlands already – she started pretty much the day the doors opened. She was a waitress in the home and suggested I come along. I had long hair in those days, and it put some people off offering me a job."

"The matron – Matron Oddy – interviewed me by her office, which was where the atrium is today. She offered me the job on the spot, and I started the very next day.

"I began as a porter and cleaner. There was only me and

one other man doing all the work. He told me he was an Oxford graduate . . . and do you know, I always took him at his word!"

As a constant presence for five decades, Brian witnessed some significant changes to the organisation he loves, yet there have been some continual threads throughout.

"The organisation has grown and got stronger as the years have gone on – we've moved with the times and evolved."

"It was always a busy, bustling place - even back then," he recalls.

"When I started, the whole building hadn't even been opened yet. It was another few months before each wing was operational but once it was, there was no looking back.

"Heathlands has always offered amazing care – even if it was a bit different in those days. Wolfson and Unit 2 were laid out like hospital wards with beds down the sides; people seemed to move into care homes much earlier then – there were more new faces frequently, but they weren't with us as long.

From Royal visits to personal meetings that had a huge lasting impact, Heathlands has provided a backdrop to Brian's entire adult life.

"When Prince Phillip visited in '72, it was all hands to the pump. We seemed to be working 24/7 to get the place ready, and everyone was at action stations.

"Beyond the many residents and colleagues I have known, I even met my wife here! We were introduced while she was working here, and we were married in 1996.

"Some of my colleagues have been part of my life for

Compliments Corner

Quality Assurance and Training Manager, Alison Lightfoot, is responsible for collating all the compliments we receive. Here she shares some of the lovely thank-you's and comments that have recently come her way.

"In both cases – for mum and dad - staff were empathetic, sympathetic, professional, easy to relate to, kind, friendly, helpful and respectful." (Willow Tree)

"Thanks for all the help The Fed provides. I'm giving this donation for my parents. We are very grateful for all the work The Fed does". (CAST & Volunteers Team)

"Mum said it was the best day of her life having her two girls with her :) So many thanks to you for assisting with this. Meant so much to us all. (Regarding a face-to-face visit with a resident on Wolfson)

GUESS WHO!



Just look at the love shared between two of our members of staff... but who are they?!

Answers on page 11!

6 year old Oria Fox, definitely one of youngest volunteers, showed her bravery recently by cutting her hair for The Fed.



"I had 14 inches of my hair cut," she said, "and donated it to Zichron Menachem – a charity helping children who are suffering from cancer. At the same time, I was able to raise money for The Fed."

Thank you, Oria, for your incredible act of kindness, and for smashing your target and raising an amazing £2,415 as we go to print.

what feels like forever – a number have been here for well over 25 years, some more than 30. You get so used to seeing the same faces daily – it's hard to imagine them not being there. I'll miss them very much, and the daily routine of being part of it all."

Trying to sum up a career now in its 50th year, Brian gives it a go:

“

**You've got to work somewhere!
Why not work somewhere that
makes you happy?**

"Heathlands provided me with a good livelihood and a roof over my head. I had always wanted to travel America - that was my dream - and between 1972 and 1996 I did that ten times – all thanks to my job at Heathlands."

The memories of a life spent dedicated to his work keep on flooding back:

"Leslie Kay, a former Chairman and Board Member of Heathlands Village and The Fed, once told me, 'If not for you, we would have struggled to get Eventhall House open'. I took that to be a huge compliment.

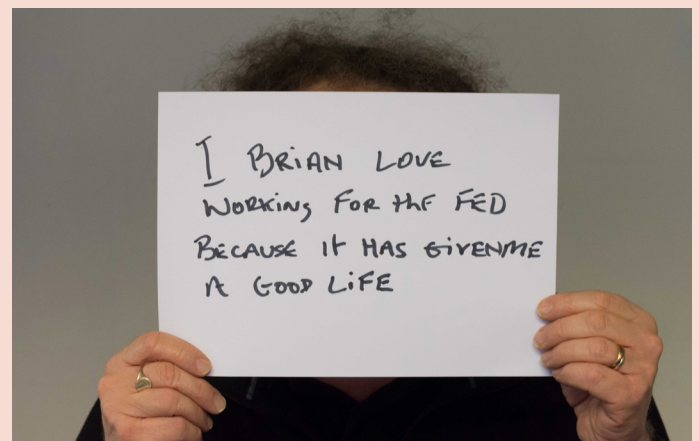
"I suppose our worst ever moment was the terrible laundry fire we had in the '90s. I was woken up in the middle of the night by a phone call, and when I got to Heathlands the entire unit had been gutted. It was a disaster. Thank G-d no one was hurt – the quick thinking of the night security guard saved the day.

"We had an arrangement with Crumpsall Hospital to send them our laundry in our vans, and we had washing

machines and dryers dotted around site to keep things going. We even had washing lines strung all the way around the back as well – the weather was good to us and we hung it all out!

"It took more than a year for everything to be fully restored, but in true Heathlands fashion we came back even stronger."

From a youngster playing football on the lawn, to becoming one of our first ever members of staff, right through to finding his life-partner, Brian looks back on his 49 years with the organisation:



"It's given me a good life, and everything I could ask for," he says. "If not for my hip which has started giving me grief, I would have loved to have got to the big 50 mark next year."

I'm sure every one of us will forgive him.

"You've got to work somewhere," Brian says, philosophically. "Why not work somewhere that makes you happy?"



Reflecting on our Covid journey

It was a poignant day at Heathlands Village at the end of March, when over 60 members of staff and residents assembled on the front lawn to mark the National Covid Day of Reflection with an emotional ceremony.

Chief Executive, Mark Cunningham, described how, "...among the sadness, there were moments of joy; days where we recognised how resilient and heroic people can be; moments of unexpected kindness and sacrifice that will live long in the memory."

An orange floral Star of David wreath was hung at our main entrance by Moorview tenant, Shelley Niven, who also recited her poem entitled 'Let Us Reflect On This Solemn Day.'



Following this a minute's silence was observed along with the rest of the country, after which there was a minute's applause to pay tribute to our brave and selfless colleagues.

As the day drew to a close, Heathlands Village's main façade was bathed in an orange glow of floodlights in an additional touching tribute, for colleagues ending the night shift. In a display

of how our staff are prepared to go the extra mile for each other, Colin Leach, from our maintenance team, organised the lighting.



Summing up the day Mark said,

"Covid-19 has left its mark on us all. We do not want to forget that everyone who died was an individual person, somebody much-loved and greatly missed by their families and by the people who cared for them. They were not just a number or statistic on a Government chart.

"The scale of the loss is still hard to comprehend but we remember the person, and our hearts and thoughts go out today to everyone affected."

As a footnote, Shelley was delighted to be given the opportunity to present her poem to Mayor of Greater Manchester, Andy Burnham, when he visited the Village last month ahead of the local elections. Andy was joined by deputy leader of the Labour party, Angela Raynor, and the two spent time listening to staff describe their experiences of Covid from the frontlines.

TRAINING DATES

Here (contd p.9) is a brief selection of forthcoming training courses. For full details, or to sign up for any sessions, please contact Alison or Kelly in the Training Department!

All training will be in the 3rd floor training room, unless stated otherwise.

June

Jewish Awareness

Tue 8, 10.00am - 2.30pm

Health & Safety in Care Homes

Mon 14, 9.30am - 4.00pm

Medication Administration

Wed 16, 10.00am - 3.00pm

Jewish Awareness

Thur 17, 10.00am - 2.30pm

Moving & Handling Assessing Competencies

Thur 24, 9.30am - 4.00pm

MCA & DoLs

Mon 28, 9.30am - 12.30pm

MCA & DoLs

Mon 28, 1.30pm - 4.30pm

Personal Care

Tue 29, 10.00am - 3.00pm

Moving & Handling of People

Wed 30, 9.30am - 4.00pm

IN CONVERSATION WITH

volunteer husband and wife team

Rob & Helen Mandel

We recently caught up with two of our volunteers, Rob and Helen Mandel, discovering how during lockdown they, like many volunteers, had to adapt their pre-Covid roles - and the crucial part they played in supporting vulnerable and isolated members of our community.

1. How long have you both been volunteering with The Fed?

Helen: "I've been volunteering since returning to Manchester in 2011."

Rob: "I began three years ago, shortly after retiring as a physiotherapist."

2. Before Covid struck, what were your volunteering roles with us?

H: "We were both involved with befriending – we visited clients at home, took them to appointments or a trip out shopping, and wherever possible went out for a coffee and a chat. A few years ago, I also worked on the 'Remember Me' project in Eventhall House. As an artist, I was delighted to help guide and support both residents and non-residents who participated."

R: "One of my clients was also very keen to enjoy some new experiences, and so I introduced him to the Bury Art Museum and Bury Transport Museum. I was also involved in a weekly project for residents living with dementia which was run by 'Storybox' – which sadly had to stop due to lockdown."

3. How has Covid and lockdown affected your volunteering roles?

H: "Once lockdown began, we were obviously unable to visit our clients or take them out. Our regular visits were substituted by phone calls which were hugely appreciated by clients. I have been doing weekly shops for a client and delivering her the goods – all socially distanced – and been creating greeting cards to send to one of my clients who I could no longer visit."

R: "Both Helen and I were involved in the taxi-ing of staff to and from Heathlands Village throughout the most severe lockdown periods until public transport normalised again last summer. We have distributed Chanukah and Purim packages from The Fed to clients in the community, who are often isolated at home. We have also delivered leaflets for a variety of Fed services and events."

4. As we all pray that we are beginning to enter a post-Covid world, how do you anticipate your volunteering duties to change again? What are you looking forward to?



H: "Honestly, we are so looking forward to reconnecting with our former clients, face-to-face, in whatever ways are possible. To be out and about again will be wonderful."

R: "Earlier this year, I was asked to be a volunteer on The Fed's new 'Walk & Talk' community sessions which are held regularly at Heaton Park. The participants of the scheme are Fed community clients who may be isolated or experiencing difficulties at home. It is a pleasant and relaxing way to spend a few hours – sometimes the only socialising the participants may have for the whole week – and allows us to chat and assist with any difficulties they are having."

5. What makes volunteering important to you?

H: "For me, the catalyst to volunteering was the support given to my mother and me during a difficult period in our lives. It made me realise just how much of a difference this type of support can make to people."

R: "I have always been accustomed to a very busy work life, and so retirement presented a big loss of routine. Volunteering has provided an avenue to use my skills constructively and enjoyably. It also gives us both a meaningful way of being involved in and contributing to our Jewish community."

6. What does The Fed mean to you, and to the wider community?

H: "The more involved we have become with The Fed, the more impressed we have been by its diversity, its expertise, its professionalism - and the care it shows to a whole range of people in the Jewish community is exceptional."

R: "To quote Andy Burnham, Mayor of Greater Manchester: "The Fed is a model of how social care in Greater Manchester should be."



25 YEAR MARK FOR FED CEO

It was smiles all round in May for our Chief Exec, Mark Cunningham as he celebrated 25 years with The Fed with a surprise presentation by trustees and staff.

From starting as a social work student in May 1996, Mark climbed the ranks to become Senior Social Worker, followed by Director of Community Services, and then Chief Operating Officer.

When his predecessor, Karen Phillips, retired from the role in 2017, Mark took over the reins of the charity on April 1 of that year.

"It might have seemed like an April fool's joke at first," said Mark, "but it has been a privilege to be involved with this organisation for so long.

"I love my job, I love coming to work, and I love the people I work with. I really couldn't ask for more."

Former Fed chairman and recently appointed Honorary Patron, Mark Adlestone OBE DL, was full of praise.

"We knew from day one that Mark's appointment as Chief Executive was the right one. His guidance for many years, but particularly



through the pandemic, has been a constant reassurance to our staff and clients, and stands out as a beacon of all The Fed is proud to represent.

The challenges over the last 12 months have required outstanding leadership, and we have been fortunate indeed to have Mark in position."

Fed Chairman, Bernie Yaffe, presented Mark with a certificate marking his quarter-century involvement with the organisation.

"Mark's twenty-five years of incredible service to The Fed has been matched only by his unstinting service to the wider Jewish community during that time.

"His motivation and leadership shadow extends far and wide – such

as chairing the National Association of Jewish Care Homes, as well as having significant influence over social care policy at both a national and local governmental level.



"Mark is the reason I can sleep easily at night as Chairman of The Fed. The incredible way he has led The Fed through the last 12 months prove beyond doubt he is the right man for the job."



Congratulations, Mark!

LIVEWELL with The Fed

EAT WELL. SLEEP WELL. WORK WELL.

Covid 19 has been a journey we have all had to experience, yet each of us have needed to deal with it in our own unique way.

It's been very difficult at times, none more so than for those who became ill themselves, who lost a close family member or friend or were instrumental in looking after our residents and service users' wellbeing. At the same time, we saw members of staff from different teams really coming together to support one another. Let's not lose that quality!

We're now at a stage where the organisation is committed to building upon its approach to staff wellbeing. This is where we need your input. We appointed an independent company to carry out a wellbeing survey. 199 of our colleagues, from across different teams, were randomly selected and invited to fill it in. This will help us gather information about how people are feeling about things and understand how we can best focus on what is important to everyone's wellbeing.

As part of our commitment to support staff wellbeing we've created a central communication hub for wellbeing on Workplace and have appointed HR Administrator Rebecca Ward as The Fed's Wellbeing Lead. For

further information about how we can support you, or to share

your own thoughts and ideas please contact her – your input would be very welcome!



We've also created our own special space in our Staff & Volunteer Newsletter dedicated to information that supports staff wellbeing under the new 'LIVE WELL with The Fed' title. So, watch this space for feedback on the survey and our uplifting wellbeing initiatives for the year ahead.

And to get the ball rolling here are Rebecca's 3 top tips for this issue:

If you fail, never give up because FAIL means "First Attempt In Learning".

End is not the end, in fact, END means "Effort Never Dies".

If you get "no" as an answer, remember NO means "Next Opportunity".

TRAINING DATES CONT..

July

Jewish Awareness

Wed 7, 10.00am - 2.30pm

Dementia Care

Mon 12, 10.00am - 3.00pm

Positive Behavioural Support

Tue 13, 10.00am - 3.00pm

Safeguarding Adults & Children

Fri 16, 10.00am - 3.00pm

Jewish Awareness

Wed 21, 10.00am - 2.30pm

Safeguarding Adults & Children

Thur 22, 10.00am - 3.00pm

Moving & Handling

Competencies (taking place in own work areas)

Mon 26, 10.00am - 3.00pm

Positive Behavioural Support

Thur 29, 10.00am - 3.00pm

August

First Aid at Work

Mon 2, Tue 3, Wed 4, 9.30am - 4.00pm

Espresso Care Awareness

Tue 17, 10.00am - 3.00pm

Safeguarding Adults & Children

Wed 18, 10.00am - 3.00pm

MCA & DoLs

Thur 19, 9.30am - 12.30pm

MCA & DoLs

Thur 19, 1.30pm - 4.30pm

Positive Behavioural Support

Wed 25, 10.00am - 3.00pm

Staff Awards

In recognition of people's hard work and their efforts above and beyond the call of duty, Employee of the Month awards for January to April were presented to:

Charlotte Johnson, Care; **Sue Lenord**, CAST; **Marie Madeley**, Clinical Manager; **Kinga Norman**, Willow Tree House



Nominating a colleague for the award couldn't be easier. You can respond to the monthly Workplace survey, email your nomination to Robert (see below) or pop it into one of the boxes around the site!

If you're a volunteer reading this, remember you too can vote by emailing robert.marks@thefed.org.uk explaining why you are nominating a particular member of staff.

Tributes to our incredible staff!

The Fed's annual employee awards were presented during the April 7th Managers' Meeting on Zoom. These awards come as a huge endorsement of the outstanding work carried out by staff across the organisation and reflect the dedication and commitment of our workforce.

We wish a massive 'Congratulations!' to all our very worthy winners.



Team of the Year – All of The Fed's care teams

"What can't be said about the brilliant care teams that we have at Heathlands Village? You fought your own fears in order that our residents were cared for throughout Covid-19. It was challenging and often emotional for everyone, but for none more so than the carers who continued to provide direct care for residents who themselves were suffering from Covid-19."



Simon Jenkins Award for Excellence in Nursing – Karen Clarke

"Karen has been with The Fed for an amazing 34 years! She is reliable, conscientious and an excellent clinician. Karen looked after Dr Simon Jenkins and played an instrumental part in keeping him comfortable and nursed him right to the end. She is a true Florence Nightingale!"



Employee of the Year – Enid Band

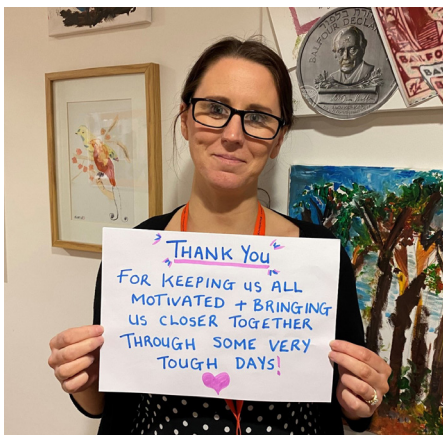
"Not only has Enid shown her dedication in working for the organisation for many years, but she also refused to let Covid-19 keep her away from the office, utterly determined, month by month, to make sure that staff salaries were processed in time."



Outstanding Contribution Award – Ashleigh Duffy

"Ashleigh has proved to be a key member of 'every' team. She has battled against the odds of managing staff absences during Covid-19 to ensure that all units were staffed, and took on daily challenges always with a positive smile."

And surprise awards for our directors!



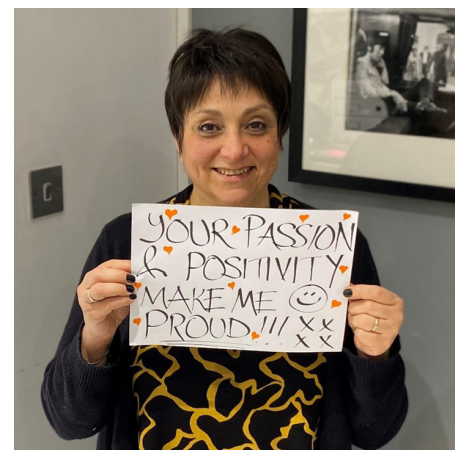
Our staff awards, have become an important tradition, but there is one category of staff who have never received an award - our directors. Their tireless commitment has been so crucial to organisational wellbeing and

sustainability over the last 18 months.

And so to demonstrate their appreciation, middle managers from all across The Fed wrote them messages of support and thanks. These were collated into a video presentation ready to be sprung on the directors at the perfect time. That moment came in the middle of a recent board meeting when Training & Quality Assurance Manager, Alison Lightfoot, with prior permission from our Chairman, Bernie Yaffe, hijacked the zoom meeting and showed the film to our astonished Board of Directors.

The video was followed by an in-person delivery to each director of a personal award, thanking them for everything they have done

throughout the pandemic. There was a lot of laughter and plenty of tears as they were caught totally off guard – and a resounding round of applause coming from the trustees watching on zoom!



FED FAMILY ANNOUNCEMENTS

Shout out to **Dolly** for her tireless work on The F Word fundraising brochure to reach yet again outstanding results, and a collective **shout out to all who worked on The F Word film** to make it an incredible piece of art!

Barbara Woolfstein

Thank you to all the **Operational teams** for your hard work and your ability to get the job done.

Sheila Heywood-Holt

Thank you to **all staff for reading the policy memos** that are regularly being circulated. I appreciate that there is a lot of information coming out about our company policies, but it's important that we all have awareness of them.

Alison Lightfoot

Farewell to **Joan Hatcher, Mirka Marynowska** and **Anita Marosik** and welcome on board **Alan Jones**.

The Housekeeping team

To our good friend **Brian** - thank you for all your hard work and commitment to Heathlands over the last 49 years. You will be missed, and we wish you a very happy and healthy retirement. Enjoy! Xxx

Sheila Heywood-Holt

Dave Hesk will be taking Brian's position of Team Leader for FMS & Laundry. A huge welcome from me to this role.

Julie Dixon

Guess who answer

Christine Johnson - Moorview
and Caitlin Stanton - FFR

60th birthday wishes to our fabulous Charity Box manager, **Karen Morse**. All we want to know is:
WHEN IS
YOUR HAIR
GOING
ORANGE????

With love
from the
Fundraising
and
Marketing
teams



Happy birthday to **Kadi Williams**, who recently celebrated his 40th birthday!

The Housekeeping team

The two newest members of The Fed Family!

Congratulations and mazal tov to Fed Chairman **Bernie Yaffe**, as well as to Fundraising & Marketing Director **Raphi Bloom**, and all of their wider families, on the recent birth of their grandchildren.

Starting them young with some top-quality branding!



LOVING MEMORIES OF OUR FRIEND PAT

On Friday 30th April we received the sad news that Pat Slater had passed away. She had been quite poorly, but this news was devastating to not only myself and her colleagues in the Housekeeping Team, but to staff and residents throughout Heathlands Village.

The lovely messages I have received from people has been such a comfort and shows how much of a kind, positive person Pat was - and how highly she was thought of throughout Heathlands. Many people have their own memories of Pat but nearly all mention her smile, her laugh, and her happy, caring nature.

Pat had worked at The Fed for 20 years, and recently received her long service award. To prove how lovely her heart really was, when she was given the vouchers that came with the award she said to Mark, "Oh my goodness, The Fed is really struggling at the moment - you can't give me vouchers as well! Please take them back!"

Pat always went above and beyond with the residents and she would do anything to make them happy. She had a great individual relationship with all the



residents on her floor. Sometimes the banter between her and some of the straight-talking residents could get very colourful, but she took it all in her stride; she knew them all in both a very professional and personal way. "They are my family," she would say, and I am sure they will miss her greatly.

She was a huge part of our Fed family and I know I speak on behalf of everyone when I say it was a pleasure to have known and worked with you, Pat Slater.

Rest in Peace.

Julie Dixon

Family delicacies leave us well Fed!

A unique and fascinating cookbook has come to fruition, thanks to the efforts of Nina Mellman S.N.H. Dip (Nutrition).

"Middle Eastern Delicacies – 200 Years of Culinary Heritage" is the result of a tandem project between Nina and her mother. They decided to join forces and adapt their traditional family recipes - benefiting The Fed as a delicious bonus!

The recipes date back to the early 20th century and the heart of the Middle East, to Nina's family's roots in Egypt and Syria.

"In this book we are bringing to you all the flavours of the exotic Middle East and the Ottoman Empire, with traditional, as well as healthy and vegetarian recipes," she expands.

"These recipes are lower in fat and sugar, but high in flavours. To all our readers, in true middle eastern hospitality – 'Et Fada Lou' – you are welcome at our table!"

The family has close ties to The Fed and Heathlands Village. Nina's husband, Martin, explains:

"I believe The Fed is a wonderful organisation, doing fantastic work within the community.

"My late father, Hymie Mellman, was a great supporter of Jewish charities and was particularly supportive of Heathlands Village – and I would like to continue supporting this very worthy organisation."

The beautifully illustrated books are keenly priced at £15, with £5 per sale donated to The Fed.

Orders via ninamellman@aol.com or 07710 570610.



We were thrilled to be able to re-open the Heathlands Village shul for residents and staff, allowing the return of regular services - so important to the wellbeing of many Villagers. With help from a few carefully selected volunteers, to make up the numbers, congregants have been praying side by side for the past six weeks – all suitably PPE'd up and socially distanced.

Fed Pride at Prestwich Award

Earlier this year we were very proud to receive a 'Pride of Prestwich' award, presented by Cllr Eamonn O'Brien, Leader of Bury Council.

The award, presented for The Fed's outstanding efforts throughout the Covid-19 pandemic, is inscribed:

'The Fed is a long-established provider of residential and community adult care. I want to specifically nominate them for the way they have expanded the community-based care since the start of the pandemic. Your example makes us proud of Prestwich and is an inspiration for all of us.'



Director of Fundraising and Marketing, Raphi Bloom, received an individual award for his work in overseeing the production of the Jewish Communal Directory - a revitalized source of local community knowledge for Manchester residents and government bodies.