

Light lunches

Fresh Homemade Soup served with bread or baguette	1.65
May contain allergens. Please check with staff.	
Quiche of the Day	2.40
Contains gluten, egg, milk and may contain other allergens	
Beans on Toast	2.10
Contains gluten, milk and mustard	
Jacket Potato:	1.20
with cheese	2.40
beans	2.25
tuna	2.40
Contains milk, mustard, fish and soya	
Large Salad Bowl with coleslaw and half baguette	3.55
Large Salad Bowl	1.20
Side Salad:	0.90
Salads and dressings may contain allergens. Please check with staff.	

Sides

Tuna Pot	1.20
Contains fish, mustard and soya	
Salmon Pot	1.20
Contains fish, mustard and soya	
Smoked Salmon Pot	1.35
Contains fish & mustard	

Sides contd

Boiled egg.	0.60
Cheese Pot	1.20
Contains milk	
Cottage Cheese Pot	1.35
Contains milk	
Egg Mayonnaise Pot	1.05
Contains eggs, mustard and soya	
Coleslaw	0.90
Contains soya & mustard	
Crisps	0.90
Whole Fresh Fruit	0.60
Plain baguette	1.50
Half baguette	0.75

Cakes and Pastries

Freshly baked cakes and pastries daily. Please see the display cabinet. Prices from £1.05.
Our pastries contain gluten, eggs, milk and may contain other allergens. Please check with staff

The Central Cafe at The Fed,
Heathlands Village, Heathlands Drive,
Prestwich, M25 9SB
0161 772 4800 | www.thefed.org.uk
Registered charity number: 1117126



The Central Cafe
is under the supervision of the
Manchester Beth Din



MENU

Hot Drinks

Espresso	1.20
Double Espresso	1.65
Cappuccino	1.95
Cafe Latte	2.10
Americano	1.95
Hot Chocolate	2.10
Mocha	2.40
Flat White	2.10
Large Cappuccino	2.70
Double Cafe Latte	2.70
Double Mocha	3.00
Assorted Teas	1.50
Central Cafe House Tea	0.75

Decaf Coffee available

Coffee and tea may contain milk or soya

Cold Drinks

Canned drinks	
- Coca Cola, Diet Coke etc	0.90
Bottled drinks	1.50
Juices	1.80
Water	1.05
Milk	0.90
Luscombe drinks	1.95

Breakfast

Toast	0.30 per slice
Tea Cakes	1.05
Bagels	1.05
Cheese on Toast	0.75 per slice
Jam Portions	0.20
Cream Cheese	0.60

Breakfast items may contain gluten and milk

Grab 'n' Go Sandwiches

Tuna Mayonnaise Salad	2.10
Contains gluten, fish, mustard and soya	
Salmon Mayonnaise Salad	2.25
Contains gluten, fish, mustard and soya	
Egg Mayonnaise Salad	1.80
Contains gluten, egg, mustard and soya	
Cheese & Onion	1.80
Contains gluten and milk	
Cheese & Tomato	1.80
Contains gluten and milk	
Smoked Salmon Bagel with cream cheese	3.00
Contains gluten, fish & milk	

Toasties

Cheese & Onion	2.40
Contains gluten and milk	
Cheese & Tomato	2.40
Contains gluten and milk	
Tuna Melt	3.30
Contains gluten, milk, fish	
Cheese Melt	2.40
Contains gluten & milk	
Roasted Veggie	2.70
Contains gluten & milk	

Baguettes (hot or cold)

Cheese & Tomato Baguette	3.00
Contains gluten & milk	
Tuna Melt with tuna salad and melted cheese	4.20
Contains gluten, fish, milk, mustard and soya	
Grilled Vegetable with peppers, onions and cream cheese	3.60
Contains gluten and milk	
Cheese & Onion Baguette	3.00
Contains gluten and milk	
Egg Mayonnaise Baguette	3.00
Contains gluten, egg, mustard and soya	
Tuna Salad Baguette	3.60
Contains gluten, egg, mustard and soya	