## Friends and Family

SEPTEMBER 2019



Our monthly newsletter for relatives about life at



## FIFTEEN MINUTES OF FILMING FAME!



We were delighted to welcome a group of filmmakers and actors in August from social enterprise Freshrb.

They were at Heathlands Village to film a story raising awareness about living with dementia - using Beach House, our specialist dementia residential household - as their location.

## **MOORVIEW GOES TO WINDERMERE**



Tenants of Moorview House enjoyed a fabulous day out in Windermere, making the most of the last bit of summer sun - and met up with Joanne Busuttil (left) - former manager of Moorview House!



# COMMUNITY TRIP TO SOUTHPORT FLOWER SHOW!







More than 30 members of The Fed's Carers' Support Group and mental health Drop In recently took a trip to the Southport Flower Show. Joining the group were Moorview House tenants, Barry Green and Raymond Myers, who commented that the trip was "great fun!"

"It was a fantastic day out," said Shelley Lewis, Senior Practitioner in The Fed's Community Advice and Support Team (CAST).

"It was a chance for Drop In members and family carers to socialise and relax together, away from everyday stresses and worries. We were so lucky that the sun shone all day - a really gorgeous time!"

## IMMERSIVE TRAINING FOR NEW FED RECRUITS

Meet one of our newest members of staff - Thomas - wearing sound-muffling headphones, blurry vision goggles and weights on his limbs. He's being guided around Heathlands Village, using a walker, by our trainer, Mark.

This is 'Elsie and Tom Training' for care workers - designed to give an immersive realistic experience and far better understanding of the challenges faced by many of the people we look after at Heathlands Village.



The ground-breaking and innovative training allows participants to experience first-hand how problems with mobility, sight and hearing impact on a person and the difference staff can make to the lives of residents, when they respond to their needs with sensitivity and empathy.



Besides our regular residents' activities, there are lots of special highlights every month:

Music appreciation with volunteer Naomi Sunday 8 Sept - 6.45 - 8pm

> **Art Session** Monday 9 Sept - 2pm

Ballroom dancing with Havana Nights Tuesday 10 Sept - 2pm - Memorial Hall

**Jewish Theatre Choir** Wednesday 11 Sept - 2pm - Memorial Hall

Singing Duo: Maxine and Brian Warner Tuesday 17 Sept - 2pm

> **Seated Israeli Dancing** Thursday 19 Sept - 2pm

Launch of Heathlands Village - Langdon Calendar Sunday 22 Sept

Poetry morning with Janice and Charles Bloom Monday 23 Sept - 10.30am

> **Yomtov Baking** Tuesday 24 Sept - 2pm

> **Klezmer Dance Night** Tuesday 24 Sept - 7pm

**Quiz with Rosemary Hamburger** Thurs 26 Sept - 6.45pm

All activities will take place in the Activity Centre unless stated otherwise.

#### **SMILES IN THE SUNSHINE**

Our Project Smile Summer Playscheme made the most of the sunshine, bringing out the games and ice cream in the beautiful Seaside Garden at Heathlands Village.

More than a dozen youngsters played together and minaled with residents of Beach House.

#### **EMPLOYEE OF THE MONTH!**

Richard Hamilton, a member of our Customer Services Team, was presented with July's Employee of the Month award from CEO Mark Cunningham.

Richard - one of the most popular faces at The Fed - can always be seen with a smile and a friendly greeting for whoever walks through the door. The nomination for his award said that staff were "so proud of him for recently



completing a 60-mile bike ride in aid of The Fed. Richard was the only one who agreed to do it and has raised a fantastic amount of money."

Well done Richard and congratulations!

### **NETANEL'S LIFESAVING GIFT**

Thirteen-year-old Netanel Naday has gone the extra mile for others as part of his Bar Mitzvah celebrations.

For Netanel has donated £350 of his Bar Mitzvah money to The Fed, enabling us to buy two Emergency Evacuation E-Vac Pads for Heathlands Village.

Raphi Bloom, our Fundraising & Marketing Director, pictured here with Netanel said: "It's just fantastic to see such generosity from a young man like Netanel.

At a time of life when so much attention is on him, he's focusing on people in our community who are less fortunate by supporting The Fed. Kol ha'kavod! And much gratitude!"

Thank you Netanel - we are inspired!









## **HEATHLANDS VILLAGE RELATIVES' FORUM**

For details of the next meeting please contact

heathlandsrelativesforum@gmail.com or visit www.heathlandsrelativesforum.co.uk









