

Friends and Family

FEBRUARY 2019

Our monthly newsletter
for relatives about life at

**THE
FED**

Heathlands
Village



PAMPER DAY

Residents and tenants were treated to the ultimate morning of relaxation earlier this month, at one of our popular Pamper Days. Our Activity Centre was transformed into a peaceful spa with soft coloured lights, gentle background music, flameless candles and a virtual fire on the TV screen. Attendees enjoyed calming hand, foot and head massages and mini manicures given by staff and volunteers from our Activity Team, as well as refreshments and a glass of sparkling wine! This lovely event received a great deal of positive feedback.



KD NURSERY VISIT

In January we hosted the first of, what will become, regular fortnightly visits to Heathlands Village by children from King David Nursery. The little visitors and residents gathered in a circle for a Jabadao exercise to music session. The children danced with pom-poms to popular children's songs accompanied by residents swirling ribbons along to the music. Below middle, one little boy decided he wanted to swap his pom-pom for a resident's ribbon! The uplifting session was a resounding success with everyone who took part - both the young and young-at-heart.



COMING UP IN FEBRUARY!

Besides our regular residents' activities, there are lots of special highlights every month.

Due to the late delivery of this month's newsletter several events have already taken place: Art with local artist Daniel, KD Nursery Visit, Chair-based exercises, Concert and Cocktail evening.

Coming up:

Pottery

Friday 15th February, 2pm

Art with local artist Daniel

Monday 18th February, 2 - 4pm

Film club

Tuesday 19th February, 2pm

Klezmer dance night

Tuesday 19th February, 7pm

Rosemary's quiz

Thursday 21st February, 7pm

Music appreciation with Naomi

Sunday 24th February, 6.45 - 7.45pm

KD nursery visit

Monday 25th February, 2 - 3pm

Concert

Tuesday 26th February, 2pm

Brownies campfire

Wednesday 27th February, 7pm

EMPLOYEE OF THE MONTH!

The Employee of the Month Award for December went to Carol Booth our Play Leader in The Children's Centre, based at Eventhall House at Heathlands Village.

CEO, Mark Cunningham, said "Carol is a dedicated and tireless member of staff. She is patient and understanding, and is incredibly imaginative in her attitude towards working with children with a spectrum of special needs."



WELL-NOURISHED IN BEACH HOUSE!

21st century care deserves 21st century technology, and in the brand-new Nourish Care Management Software being trialled on Beach House, The Fed has hit upon the gold standard. Chrisden Williams, Team Leader on Beach House, explains:

"The Nourish software is housed in what is essentially a smartphone, with the information about the care of our residents contained on it. Using this system we avoid all the paperwork and can update everything in real time - from morning hygiene routines to what medication a resident has taken."

"I can communicate with the whole team without needing to phone them - or wait for them to see an email - by sending out a message from my device. In turn, any information we input regarding a resident is instantly available for everyone in the Beach House care team to see."

Not only is the system thorough and detailed, it's simple to use, too.

"The level of detail for residents' care is unbelievable - everything is smoother and there is no lag in filling out forms. It's the best and most thorough system I've ever seen."



RESIDENTS AND TENANTS - GUESTS OF HONOUR AT FED DINNER

Three people living at Heathlands Village were among the guests of honour recently at The Fed Appeal Dinner 2019 with guest speaker, Clare Balding. Moorview tenants, Lea Glaskie and Ralph Black, both of whom are 100 years of age and Heathlands Village resident, Maurice Peppi aged 101, joined nearly 400 supporters for a magnificent celebration of The Fed's work.



Lea, first left, Maurice first right and Ralph second right

HEATHLANDS VILLAGE RELATIVES' FORUM

Next meeting: Tuesday 5 March at 7pm in The Central Cafe.

Sheila Heywood, Director of Operations, will be joining the meeting to discuss food.

For more details contact heathlandsrelativesforum@gmail.com or visit www.heathlandsrelativesforum.co.uk



Follow us and stay in touch at:



@THEFEDManchester



@the_fed



@FED_Manchester