# Friends and Family

DECEMBER 2019



Heathlands Village

Our monthly newsletter for relatives about life at



## THE WISDOM BENCH COMES TO HEATHLANDS VILLAGE

A brilliant idea that originated in Canada reached UK shores in November: The Elder Wisdom Bench - a place for children and young adults to sit and listen to older people share their insights on life - was given pride of place in our Activity Centre at Heathlands Village for the first two weeks of November.

The idea, developed by Schlegel's Village Retirement Community in Canada, aims to help create more positive stereotypes around aging and make friends.



During the first week of its stay at the Village, our regular Wednesday lunchtime visitors from King David Junior School met up with their Village pals for lunch, a chat - and some time together on the bench!

Resident, Sandra Irwin, brought along Blossom, her therapy robotic cat, to meet her young visitors!









## **GUIDED ARTS & CRAFTS**

Members of the 5th Cheetham Guides troop visited Heathlands Village recently, to take part in a special recycling-themed arts and crafts evening.

Using old bits of cardboard and paper, guides and residents worked together to create some unique pieces of art.

# CENTENARIAN EVELYN CELEBRATES IN STYLE

There was a celebratory atmosphere in the Activity Centre earlier in November, as Evelyn Topper celebrated her 100th birthday in style. Volunteer, Jackie Harrison, entertained party-goers and led the singing, with resident Daphne Levine joining her for some upbeat numbers. A cake was presented to Evelyn, before refreshments and cake were served!











Besides our regular residents' activities, there are lots of special highlights every month:

**Chanukah Gift Wrapping with** The Fed's Bar/Bat Mitzvah Programme Sunday 8 December, 2 - 4pm

**Music Appreciation with Naomi** Sunday 8 December, 6.45pm Thursday 26 December, 10am

Poetry Morning with Charles Bloom Monday 9 December, 10.30am

**'Live Music Now' Concert** Thursday 12 December, 2pm

**Concert with Brad Nelson** Sunday 15 December, 2pm

Residents' Forum Monday 16 December, 10.30am - 12pm

Residents' Chanukah Show Tuesday 17 December, 2pm, Memorial Hall

**Evening Klezmer Concert with L'chaim Kapelve** Tuesday 17 December, 7 - 8pm

King David Reception Class Sing Chanukah Songs Thursday 19 December, 2pm

Chazan Muller & Whitefield Synagogue Shul Choir Sunday 22 December, 3pm (TBC)

> **Chanukah Social Evening** Monday 23 December, 7pm

**Chanukah Activities including Donut Decorating** Wednesday 25 December, 10am

Annual Chanukah Party with Entertainment from **Brian and Maxine Warner** 

Tuesday 24 December, 2 - 4pm, Memorial Hall

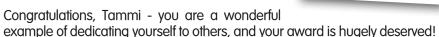
**Barry Jackson Concert** Sunday 29 December, 2 - 4pm

All activities will take place in the Activity Centre unless stated otherwise.

#### **EMPLOYEE OF THE MONTH!**

The Employee of the Month award for October was presented to Tammi Wise, Deputy Manager of volunteering@thefed, by CEO Mark Cunningham.

The nomination that led to Tammi receiving the award said that, "I have outstanding respect and admiration for Tammi. Despite her own significant current concerns, Tammi has continued to be a totally devoted, altruistic, self-effacing professional. Amazing dedication to The Fed."



## WILLOW TREE HOUSE **BUILDING UPDATE**

Building work for our new 11-bed specialist dementia residential household - Willow Tree House - is well underway.

The old ground floor wing has been totally cleared out and work is proceeding at a pace to be ready for the new home opening in April 2020.





#### MITZVAH DAY COMES TO THE FED

The spirit of Mitzvah Day was evident at Heathlands Village this month, as residents and staff joined forces to bake some delicious cakes to distribute to residents of nearby Broughton House Retirement Home for Ex Servicemen and Women.

As well as delivering the cakes, Heathlands Village acted as a Mitzvah Day hub, for people to drop off donated goods which were distributed by the Mitzvah Day team throughout the community.







## **HEATHLANDS VILLAGE RELATIVES' FORUM**

For details of the next meeting please contact

heathlandsrelativesforum@gmail.com or visit www.heathlandsrelativesforum.co.uk









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