

# Friends and Family

August 2021

Our monthly newsletter  
for relatives about life at

**THE  
FED**

Heathlands  
Village



## HEATHLANDS MINI OLYMPICS

Heathlands Villagers were caught up in the Olympic excitement as it swept the country, not only helping to cheer on Team GB but taking part in our own mini games.



## PAINTING ON THE PATIO

Art therapist, Chava Erlanger, was a regular visitor to the Village pre-pandemic and through lockdown provided art packs for residents to enjoy with the assistance of the activity team, as well as working with some individual residents via Zoom. But it was a real treat to welcome her back recently in person to provide some relaxing one to one therapy in the sunshine with one of our Villagers.

## MUSIC - THE UNIVERSAL LANGUAGE OF MANKIND

Music is a hugely important part of all our lives, and music *therapy*, seen here in action at Beach House, is regularly brought to our residents by David Robinson, of national charity Nordoff-Robbins. It uplifts people's mood and encourages even the most hard-to-reach to come out of their shells and express themselves through song and dance.





## DOUBLE CELEBRATION FOR FRAN

We always love to celebrate our residents' birthdays in style – especially the 'big' milestones and when Fran, mother-in-law of Reverend Keith Rosen, our Religious Director, recently reached 90 she ended up with two parties! Her daughter was unable to make the one on her actual birthday due to ill-health so a second one was arranged a few weeks later at which she was guest of honour.



## EMPLOYEE OF THE MONTH

The Employee of the Month award for June was presented to Roy Lenord – known to all as 'Lenny' – who works the night shift at Heathlands Village as part of our Customer Services Team. The job is a difficult one because he works on his own, keeping residents and staff and safe through the night. This is often a forgotten job, and people have little idea what it entails.

"Lenny works so hard to make sure everything runs smoothly and he cares about everybody. He thinks on his feet, and he so deserves this honour. He gives the job 110%," read one of his nominations.



## USE YOUR VOTE!

The Fed is one of three charities chosen for Tesco, Cheetham Hill's current blue coin voting scheme. Our Project Smile Play & Learn service, for children with special needs, stands to win a grant of £500, £1,000 or £1,500 depending on the number of votes received. To vote for us collect a blue token at the checkout when paying for your shopping and pop it in The Fed - Project Smile voting box.



Karen Morse who manages our Cheetham Hill charity shop - THE CHARITY BOX is pictured above casting her vote!

**HUMANS**  
OF THE FED

**THE  
FED**

## HUMANS OF THE FED

The first episode of The Fed's new twice monthly podcast is launched on 1 September. Presented by our very own Robert Marks (above L) and Raphi Bloom (above R), it will explore the hidden stories of a variety of people associated with The Fed and promises to surprise, entertain, and make us laugh and cry. Listen in on Spotify, Apple Music or wherever you get your podcast.



## HEATHLANDS VILLAGE RELATIVES' FORUM

For more information please contact

heathlandsrelativesforum@gmail.com or visit [www.heathlandsrelativesforum.co.uk](http://www.heathlandsrelativesforum.co.uk)



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