



Collated, designed and produced by The Fed's Marketing and Communications Team

A MESSAGE FROM MARK ADLESTONE OBE DL

November 2020

When the COVID-19 pandemic took hold in March 2020, the major organisations serving Greater Manchester Jewry united in unprecedented fashion to form the Manchester Jewish Community Strategic Group, to address the social care and medical needs of our community.

Collectively we faced thousands of requests for support relating to mental health issues, social isolation, food poverty, financial hardship and religious matters.

To assist members of the community in accessing appropriate support whenever needed, we have published this communal guide, providing the contact details of 39 organisations with information about the support each provides.

The Fed's Marketing and Communications Team has very kindly collated, designed and produced this booklet. Their hard work and generosity is greatly appreciated.

This guide is also available in digital format and will be regularly updated. For a digital copy or to be included in future versions please contact raphi.bloom@thefed.org.uk

I believe it provides a valuable resource to the community and am delighted to present it to you.

Mark Adlestone OBE DL Chair, Manchester Jewish Community Strategic Group

KEY

- Addiction Support eg Drugs, Alcohol, Gambling
- Adult Education
- After School Groups
- Benefits, Debt and Legal Advice
- Business Support Start Ups and Existing Businesses
- Cancer Related Complimentary Therapies and Group Support
- Care for Older People Day Care
- Care for Older People Homecare
- Care for Older People Nursing
- Care for Older People Residential
- Care for Older People Supported Independent Living
- Carer Respite
- Carer Support
- Children's Services
- Community Groups
- Community Security
- Counselling
- Domestic Abuse and Safeguarding
- Educational Support
- Employment, Training and Business Support
- Financial Loan
- First Aid and Medical Help
- Food Bank
- Funeral and Bereavement Services
- Grant Giving
- Guidance on Managing Finances
- Housing Association
- Learning Disability
- Meals on Wheels
- Medical Equipment Loan
- Mental Health
- Practical Emergency Support
- Religious Supervision and Jewish Law
- Sexual Abuse Support Services
- Social Care
- Social Work Assessment
- Support for People with Disabilities
- Teenage Youth Club
- Transport
- Volunteer Support eg Shopping, Befriending

AGUDA NORTH WEST HERSHEL WEISS **CHILDREN & FAMILY CENTRE**



Contact: Michelle Ciffer, Manager

Tel: 0161 778 0070 Email: michelle.ciffer@salford.gov.uk



The Hershel Weiss centre primarily, but not exclusively, serves the needs of people living in the Orthodox Jewish community. Its main aim is to bring culturally appropriate services to a community that would not otherwise access support. The centre comprises of a specially designed training room; a book, toy and training library; a health clinic; crèche facilities; a family room and various offices, with the benefit of a lift and a disabled toilet. It offers family support, mother and baby clinics, drop-in play sessions, counselling, SEN support, trips and activities for the underprivileged, and support in accessing benefits and personal grants. A recent Ofsted report described the centre as "a place where potential barriers are removed. with great sensitivity and skill, so that local families receive the help they require". Since early 2019, its workload has increased by 80% to support a growing demand for ethnically appropriate family support services, addressing issues including: parental mental ill-health; poverty and debt; domestic abuse; lone parenting. Its services have grown and become more holistic in response to need, also offering support to have a holiday, hardship and clothing grants, home safety advice and activities for children with disabilities.

Find out more by visiting www.hershelweiss.org

Reg ch no: 1112554

ASSOCIATION OF JEWISH REFUGEES









Contact: Fran Horwich, Northern Volunteers and Community Coordinator Tel: 07961 015 603 Email: fran@ajr.org.uk



The Association of Jewish Refugees (AJR) is the national charity supporting Holocaust refugees and survivors living in Great Britain. Primarily providing social, welfare and care services, AJR also has a nationwide network of regional groups offering members a unique opportunity to socialise in their local area. Members also receive support from volunteers and can obtain advice and assistance on welfare rights, as well as on Holocaust reparations.

Find out more by visiting www.ajr.org.uk

Reg ch no: 1149882

BEENSTOCK HOME











Contact: Shosh Neumann, Registered Manager Tel: 0161 792 1515 Email: manager@beenstock.org



Beenstock is a purpose built, small Orthodox Jewish Care home located in Salford. It is registered to provide residential and nursing care and also has a small number of sheltered flats. It is rated as 'Good' by the Care Quality Commission and 'Outstanding' for Responsiveness. Beenstock is located within the heart of the Salford Jewish community and is heavily involved with community events and activities.

BINOH



Contact: Rabbi S Grant, Director of Services

Tel: 0161 720 8585 Email: office@binohofmanchester.org.uk



BINOH has been accredited with the Practical Quality Assurance System for Small Organisations (PQASSO) and Department for Education's Information Advice & Guidance (MATRIX) quality standards. It combines professionalism with an understanding of deeply held ethnic sensitivities and delivers education, health, citizenship and life skills support for parents, children and families. Its current services include education and social care advice and support; family support; advice to parents in navigating Special Educational Needs (SEN) support; benefit and financial entitlements advice; a JIGSAW Lottery Funded Adult Education and Empowerment Programme; volunteer support; financial literacy support; voluntary vector infrastructure and funding; SEN and school support and Education Law advice.

Reg ch no: 1081366

BROOKVALE



Contact: Carl Richmond, CEO

Tel: 0161 653 1767 Email: carl.richmond@hotmail.org

Brookvale is a residential care provider for adults with learning disabilities. It is registered with the Manchester Beth Din and is fully kosher. Brookvale was established in 1951 as a charity.

Find out more by visiting www.brookvalecarehome.co.uk

Rea ch no: 526086

CAMP SIMCHA



Contact: Daniel Gillis, Head of Services

Tel: 0208 202 9297 Email: daniel@campsimcha.org.uk



Camp Simcha makes a difference by bringing hope, joy and support to families who have been devastated by serious childhood illness. Now in its 25th year, it provides a range of practical, emotional and therapeutic support services to the whole family. It offers a bespoke package of care to more than 1,200 family members living in Jewish communities across the UK, reaching a further 12,000 children through its hospital outreach programme.

Find out more by visiting www.campsimcha.org.uk





CHABAD COMMUNITY CARE



Contact: Francesca Moss, Manager

Tel: 0161 929 9999 Email: fran@chabadcommunitycare.org



Chabad Lubavitch offers outreach, education and support and provides a welcoming open door to people of all walks of life, no matter their background or affiliation. It cares for and supports the welfare of Jewish people and communities with devotion and affection - no matter the time, place or need.

Find out more by visiting www.lubavitchsouthmanchester.org

🕜 @RovDov

CHAI CANCER CARE



Contact: Gerry Singer, North West Regional Manager Tel: 0161 772 4064 Email: gerrysinger@chaicancercare.org

Freephone Helpline: 0808 808 4567



Established 30 years ago. Chai Cancer Care is the Jewish community's dedicated cancer support organisation, enabling cancer patients and their loved ones to live with the impact of a cancer diagnosis. Chai provides individualised and expert support and care through an extensive range of specialised services at 11 centres across the UK. Chai's North West Centre is based in Heathlands Village and serves as a hub for North and South Manchester, Liverpool and Leeds. It offers advocacy and advice, counselling for individuals, couples and families and art therapy. It provides Children, Teenage and Family Services including art/play therapy. Chai's complementary therapies include reiki, aromatherapy and reflexology and group activities including meditation and mindfulness. It also runs Breast Cancer, Bereavement and Men's Support Groups. In addition, it offers nutritional and dietary advice. For those who are too unwell to visit a Chai centre, its expertise and care can be accessed through the Home Support Service.

Find out more by visiting www.chaicancercare.org

🜈 @ChaiCancerCare 🛛 😈 @ChaiCancerCare

Reg ch no: 1078956

CST (COMMUNITY SECURITY TRUST)



Contact: Amanda Bomsztyk, Northern Regional Director Tel: 0161 792 6666 Email: manchester@cst.org.uk



The CST (Community Security Trust) is a charity that protects British Jews from antisemitism. and related threats. It received charitable status in 1994 and is recognised by the Police and Government as a unique model of best practice. CST has over 90 full and part-time staff based in offices in London, Manchester and Leeds. It provides security advice and training for Jewish communal organisations, schools and synagogues and secures over 650 Jewish communal buildings and approximately 1,000 communal events every year.

Find out more by visiting www.cst.org.uk





FEDERATION OF JEWISH SERVICES (THE FED)







Community Services - Tel: 0161 772 4800 Email: advice@thefed.org.uk Heathlands Village - Tel: As above Email: info@thefed.org.uk

The Fed is the leading social care charity for the Greater Manchester Jewish community. At any time, our services are accessed by over 1,000 people of all ages - living at Heathlands Village or in their own homes. Our 350+ staff and nearly 600 volunteers provide: Carers' Support Services I Community Advice and Support (CAST) I Debt & Benefits Advice I Day Care | Dementia Care | End of Life Care | Mental Health Services | Moorview Supported Independent Living | Mums 'n' Tots Sessions | My Voice Project | Nursing Care | Project Smile Play and Learn Service I The Purple Cafe (Community Cafe) I Relief from Loneliness and Social Isolation | Residential Care | Support for Victims of Domestic Abuse/Violence | Volunteer Support Services.

Find out more by visiting www.thefed.org.uk

👔 @THEFEDManchester 🛭 😈 @FED_Manchester

Reg ch no: 1117126



Contact: Aliza Noe, Manager

Tel: 0161 798 6789 Email: aliza@jgift.org



GIFT - make a difference

GIFT Manchester is a kosher food bank that helps families with weekly food parcels. It also aims to inspire people to become givers and to give time to others. GIFT runs educational sessions in and out of school settings focused on the act of giving.

Find out more by visiting www.igift.org

👩 @giftmanchester 🔝 @giftcharity



Reg ch no: 1153393

HATZOLA MANCHESTER



Contact: Motti Bamberger, Registered Manager and Coordinator

Tel: 0161 708 9999 Email: info@hatzoloh.co.uk



Hatzola Manchester is a CQC registered ambulance service delivering emergency medical care to the community and staffed by volunteers. Hatzola works 24 hours a day, seven days a week. Its members are based within their local communities and able to respond within a couple of minutes of receiving a call. The organisation typically attends 3-4,000 calls a year ranging from minor injuries through to major trauma or cardiac arrest. Its volunteers are highly trained to deal with every case, delivering immediate care and reducing the pressure on the North West Ambulance Service. Under the guidance of its committee, members focus strongly on CPD (Continuing Professional Development) within a strong procedural framework, under the overall oversight of its Medical Director.

Find out more by visiting www.hatzolamanchester.org

JCOMMERCE



Contact: Norman Younger, Director

Tel: 0161 798 7980 Email: nsy@scotinvest.co.uk



JCommerce provides business start-up advice and mentoring webinars.

Find out more by visiting www.jcommerce.org

Rea ch no: 1047321

JEWISH ACTION FOR MENTAL HEALTH (JAMH)



Contact: Kate Lurie. Project Coordinator Tel: 07510 204 844 Email: kate@jamh.org.uk

Helpline: 07510 204 844



Jewish Action for Mental Health (JAMH) is an umbrella organisation set up with the aim of raising awareness of mental health issues across the Jewish community. JAMH also offers counselling, psychotherapy and cognitive behavioural therapy to individuals.

Find out more by visiting www.jamh.org.uk





Reg ch no: 1190973

JEWISH SMALL COMMUNITIES NETWORK



Contact: Ed Horwich. Director Email: hello@iscn.ora.uk



The Jewish Small Communities Network (JSCN) enables access to small Jewish communities. supports their resilience, increases awareness and advocates for their issues. It works with 55,000 people across the Jewish spectrum, in or proximate to 100+ small Jewish communities, representing 20% of the total UK Jewish population.

Find out more by visiting www.jscn.org.uk





Rea ch no: 1168499

JEWISH REPRESENTATIVE COUNCIL



Contact: Laurie Burnley Myers, Administrator Tel: 0161 720 8721 Email: office@jewishmanchester.org



The Jewish Representative Council (JRC) is the umbrella organisation for most Jewish organisations, serving, representing, uniting, defending and protecting the Jewish community and acting as a means of engaging with the wider community.

Find out more by visiting www.jewishmanchester.org

🚺 @JewishManchester 💟 @JewishMCR



JEWISH VOLUNTEERING NETWORK



Contact: Rebeccah Mickler, Volunteer Coordinator Manchester

Tel: 07587 792 272 Email: manchester@jvn.org.uk



The Jewish Volunteering Network (JVN) is a national charity connecting volunteers across the Jewish and wider community. JVN's website helps volunteers find suitable opportunities and through face-to-face and telephone meetings offers a bespoke matching service for people seeking assistance. Its purpose is to promote, connect and support volunteers in order to enable charities across the Jewish and wider communities to do more. JVN works across the voluntary, public and private sectors to raise the profile of volunteering within the Jewish community. Its vision is that every person regardless of age, gender, ability, personal circumstances, is empowered and encouraged to volunteer, thereby enhancing the charity sector and the local, Jewish and wider communities.

Find out more by visiting www.jvn.org.uk

🚹 @JewishVolunteeringNetwork 🛛 😈 @JVN_org_uk

Reg ch no: 1130719

JEWISH WOMEN'S AID







Contact: Ziona Handler, North of England Domestic Abuse

Support Worker - Peer Mentor

Tel: 020 8445 8060 Email: ziona@jwa.org.uk



Jewish Women's Aid is the only specialist charity in the UK working with Jewish women and their children who are affected by domestic abuse and sexual violence. It runs a holistic service offering emotional and practical support through advocacy and casework, counselling, group work, helplines, web chat and children's therapy services. Its helplines take calls from across the UK. It also offers training and education across the community. In Manchester it employs a Domestic Abuse Support Worker, Counsellor and Children's Therapist. Anyone experiencing abuse or are concerned for a friend or family member, should get in touch.

Find out more by visiting www.jwa.org.uk





Reg ch no: 1047045

JSENSE





Contact: Caroline Wertheimer, Project Support

Tel: 0161 850 3330 Email: caroline.wertheimer@jsense.org.uk



JSENSE supports those caring for and educating Jewish children and young people with special educational needs and disabilities (SEND). Its work is tailored to the specialist needs of the Jewish community and is strictly confidential. It supports parents and carers providing resources, communities and experiences that enhance their lives. Its helpline provides information and next step advice on educational issues resulting from a child's SEND. It also offers training, support and consultancy services to Greater Manchester Jewish schools.

Find out more by visiting www.jsense.org.uk

KEREN



Contact: Marianne Debson, Service Manager Tel: 0161 708 0700 Email: marianne@kerengirls.org



Keren aims to provide practical and emotional support to girls and young women aged 12 to 24 years from the orthodox Jewish community in North West England. It offers a non-judgemental one-to-one service, encouraging those it supports to live confidently and happily in their surroundings and enabling them to become healthier individuals, empowered to benefit from a more productive and wholesome future.

LANGDON



Contact: Neil Taylor, Chief Executive

Tel: 020 8731 2196 Email: NeilTaylor@langdonuk.org



Empowering independence

Langdon's mission is to create a community in which Jewish young people and adults with learning disabilities or with autistic spectrum disorders thrive and have equal opportunities to live the lives they choose. It aims for people with learning disabilities to live in an inclusive world where they are valued equally and have the same opportunities as everyone else, so they can live independently in their local communities. Langdon works towards this vision by providing supported living housing where its members can live on their own safely; employment services to empower and support members to work wherever they want to work, and a social community where they can get together to socialise and have fun.

Find out more by visiting www.langdonuk.org





Reg ch no: 1142742

L'CHAIM FOODBANK



Contact: Dubby Klyne, Director

Tel: 0161 792 6335 Email: foodbank@lchaim.org.uk



L'Chaim Foodbank provides kosher food to members of the Manchester Jewish community who are in need.

Find out more by visiting www.lchaimfoodbank.co.uk



Reg ch no: 1105231

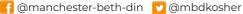
MANCHESTER BETH DIN



Contact: Rabbi Hillel Royde, Kashrut Coordinator Tel: 0161 740 9711 Email: info@mbd.org.uk

The Manchester Beth Din is the Jewish Ecclesiastical Court for Greater Manchester. It administers Jewish divorces, carries out arbitrations and conversions to the Jewish Faith. provides religious rulings, advice, help and cultural guidance on all matters, as well as supervision of kosher foods and establishments. It also assists with Jewish burials, Chevra Kadisha and Hospital Chaplaincy and Visitation.

Find out more by visiting www.mbd.org.uk





MANCHESTER JEWISH COMMUNITY CARE **NICKY ALLIANCE CENTRE**



Contact: Michelle Wiseman, CEO

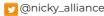
Tel: 0161 740 0111 Email: michelle@mjcc.org.uk



The Nicky Alliance Centre provides day care and relevant stimulating activities for older members of the community or those with a disability, or who are lonely, isolated or frail. The centre has a convenience shop, a bathing room, hairdressing salon, art studio, reminiscence room and computer suite. It offers group activities including keep fit, discussion groups, gardening in the multi-sensory garden plus entertainment, day trips, one-to-one activities, advice and support. It also has the benefit of an onsite podiatrist. The centre is also home to a meals-on-wheels service and the Northern Jewish Talking Newspaper. Transport is available to and from the Centre. It provides members with a hot three-course meal under supervision of the Manchester Beth Din. Referrals can be made directly to the centre and free guest days are offered to new potential members. As at the time of printing the centre is closed. On reopening there will be a new drop in facility.

Find out more by visiting www.mjcc.org.uk





Reg ch no: 257238

MANCHESTER JEWISH HOUSING ASSOCIATION



Contact: John Gryckiewicz, Executive Director Tel: 0161 740 0001 Email: john@mjha.org.uk



Manchester Jewish Housing Association (MJHA) is a Jewish-led housing association, providing sheltered and family housing primarily but not exclusively for the Jewish community. Working with local partners, MJHA is committed to providing vulnerable adults over the age of 55 with access to affordable supported housing. Its supported housing units have a scheme manager on site during the day and an out-of-hours alarm-call service during the scheme manager's absence. Other projects such as our 3 and 4 bedroom family homes have been available on a shared ownership basis and at an affordable rent.

Find out more by visiting www.mjha.org.uk

MANCHESTER MACCABI



Contact: Steph Wilks, Centre Manager

Tel: 0161 492 0040 Email: Steph.wilks@manchestermaccabi.org.uk



Maccabi is a community and sports club offering sporting facilities for young and old alike, educational initiatives, dance and singing classes, play schemes for children together with communal activities where people can meet in a safe and secure environment. Maccabi also has a kosher café under the supervision of the Manchester Beth Din.

Find out more by visiting www.manchestermaccabi.org.uk



Rea ch no: 521228

MESILA UK



Contact: Benji Landau, Executive Director

Tel: 0161 505 0950 Email: manchester@mesilauk.org



Mesila provides a range of services aimed at getting people, regardless of income, to take control of their finances and take a proactive approach to money-management. It provides one-to-one financial coaching, webinars, workshops and seminars on a range of topics to do with financial literacy. It also creates and disseminates, primarily through social media, relevant and meaningful tools and resources to help people make the most of their money.

Find out more by visiting www.mesilauk.org



Reg ch no: 1114573

MIGDAL EMUNAH



Contact: Yehudis Goldsobel, Chief Executive Tel: 0333 00648987 Email: info@migdalemunah.org.uk



Migdal Emunah is a registered charity providing impartial, professional practical and emotional support, advice and advocacy to victims of, and to those affected by, the trauma of sexual abuse within the Jewish community. This includes access to a trained Independent Sexual Violence Advisor (ISVA), trained counsellors, sex therapist, family therapists and children's therapist. Clients are regularly reviewed to ensure they are benefiting and working well. Migdal Emunah is able to link in with the statutory services as well as other voluntary agencies for the benefit of our clients. It also provides access to rabbinical advice, legal advice and psychologists. The charity's representatives are highly experienced, and all receive extensive professional training in order to offer the highest standard of service and independent client care to individuals and families needing support. The organisation actively engages in raising awareness of sexual abuse and challenging the myths and taboos surrounding this. It works across all denominations of the Jewish community.

Find out more by visiting www.migdalemunah.org.uk



Reg ch no: 1150835

MISASKIM MANCHESTER



Contact: c/o 1 Broughton Green Square, Salford M7 4GH **Tel:** 0161 660 4446 (24 hours) **Email:** info@misaskim.co.uk



Misaskim's mission is to provide support and assistance to individuals experiencing crisis or tragedy by providing vital community services, which include safeguarding the dignity of the deceased, assisting the bereaved and supporting individuals during these times.

Misaskim's wide array of services include moral support and assistance with the many challenges during crisis or loss. Throughout life's darkest moments, Misaskim is a source of light and warmth, encouragement and direction.

Find out more by visiting www.misaskim.co.uk

NESHOMO



Contact: Daniel Nissen, Male Outreach Worker Tel: 07741 625 345 Contact: Racheli Bass. Female Outreach Worker Tel: 07512 578 587

Email: maleoutreach@neshomo.co.uk



Mental Health | Befriending | Advocacy

Neshomo is a Jewish, culturally sensitive, confidential mental health charity for adults. It strives to be accessible, welcoming and accepting of all. Its goal is to improve emotional wellbeing and reduce stigma within the Manchester Jewish community. Neshomo's befriending service connects clients with severe and enduring mental health difficulties with a supportive volunteer befriender. It holds educational programmes for our befrienders, local organisations and the wider community on relevant mental health topics.

Find out more by visiting www.neshomo.co.uk



Reg ch no: 1169087

NORTH MANCHESTER JEWISH CEMETRIES TRUST



Contact: Stephen Wilson, Administrator Tel: 0161 795 0735 Email: admin@nmjct.org



The Trust operates and maintains Jewish cemeteries in North Manchester on behalf of its constituent burial boards namely Agecroft, Crumpsall, Failsworth, Prestwich, Rainsough and Urmston (Stenecourt section only).

Find out more by visiting www.nmjct.org

Reg ch no: 1156452

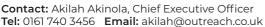
OUTREACH









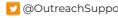




Outreach provides a range of services for adults with a learning disability and/or long-term mental health needs, to support them in living independently. It does this by providing person-centred support to people living either in their own homes or within its supported living or residential services. The organisation recognises that everyone is an individual with different needs and wishes. It offers tailored support via a wide range of services and fully involves service users and carers in the development of person-centred plans. Its residential care services provide support to people in small shared living environments with each home being registered and inspected by the Care Quality Commission (CQC).

Find out more by visiting www.outreach.co.uk

🜃 @Outreach Manchester 💟 @OutreachSupport



PATHWAYS NESIVOS



Contact: Melech Dovid Kanter, Director

Tel: 0161 696 4511 Email: md@pathwaysuk.org



Pathways Nesivos processes mental health referrals from parents, schools and concerned adults. Self-referral may be possible in respect of older children. Following a brief screening assessment usually by phone, and sometimes face-to-face, recommendations are made as to the most suitable intervention from an expanding, vetted database of practitioners, to ensure the most positive outcome. Pathways does not bear legal accountability for the practitioner's input. Pathways offers a mentoring service by professionally trained and supervised mentors. This service is for boys and adolescents 11+. It also runs Continuous Professional Training for local therapists and well-being events for the wider community.

Reg ch no: 1178690

REFORM JUDAISM MANCHESTER









Contact: Mandy Bernhardt, Administrator

Tel: 0161 834 0415 Email: admin@jacksonsrow.org



160 years of Reform Judaism in the heart of Manchester

Jacksons Row Synagogue is the progressive voice of Manchester Jewry with a vision to create even stronger connections to help to transform lives. It is the only synagogue in Manchester City Centre and has striking development plans for its site off St Peter's Square but it is on a journey to live life through its values, transforming its community from one centred on its building, to one that is as much about sparking new connections between members, developing the larger synagogue family, creating links with other communities and nurturing existing relationships. Its goal is to emphasise its family values so that it is seen as a listening organisation that is with people every step of the way through every stage of life. It runs an engaging and dynamic programme of activities and events and is an inter-generational community, whose members come from many backgrounds, and live across the region.

Find out more by visiting www.jacksonsrow.org



📫 @Manchester Reform Synagogue 💟 @jacksonsrow



Reg ch no: 1118957

SHOMRIM COMMUNITY SAFETY



Prestwich - Sedgley area and its environs. Contact: Elchonon Spitzer, Director

Tel: 0161 850 2626 Email: eddspitzer@amail.com



Salford - Higher Broughton area of Salford and its environs.

Contact: M Factor, Director

Tel: 0161 740 8000 Email: liaison@bpcp-shomrim.org.uk

Shomrim has local branches in Prestwich and Salford. Both provide security and patrols in their respective areas; advise local residents on safety and security and liaise with local Police and Council concerning local issues.

Find out more by visiting www.salfordshomrim.com





THE FRIENDSHIP CIRCLE



Contact: Esty Bruck, Programme Director

Tel: 0161 792 1792 (Ext 1) Email: estv@friendship-circle.org.uk



The Friendship Circle enriches the lives of people with disabilities through a range of fully integrated social and recreational programmes. It encourages a culture of understanding and acceptance, helping to transform attitudes towards people with disabilities through education and integration. Its programmes provide essential building blocks to help individuals gain skills and confidence and lead a more fulfilling lifestyle. The organisation's calendar of vibrant activities is jam-packed with excitement and opportunity, designed to enable members to forge lasting friendships, gain new skills and integrate into mainstream Jewish life. Its buddying scheme matches members with volunteer buddies with whom they enjoy activities and days out or spending time at home. The scheme enables genuine long-lasting and supportive friendships to be formed that make an incredible difference to people's lives.

Find out more by visiting www.friendshipcircle.org.uk





Reg ch no: 1135828

THE JEWEL FOUNDATION



Contact: Isaac Ginsbury. Director

Tel: 0161 798 2123 Email: office@jewel.org.uk



JEWEL provides support services for people looking for employment. This includes, careers advice, skills aptitude tests, training courses, business support, workshops and job placements. It works with employers across Greater Manchester and partners with Local Authority and other providers to ensure the members of the Jewish community have access to employment and training opportunities.

Find out more by visiting www.jewel.org.uk

Reg ch no: 1177160

THE PAPERWEIGHT TRUST



Contact: Bayla Klyne, Divisional Head

Tel: 07976 394 250 Email: baylaklyne@paperweight.org.uk



The Paperweight Trust is the Jewish community's 'Citizens Advice Bureau' and provides practical hands-on guidance and assistance at a time of crisis. Dealing with all manner of bureaucratic obstacles and administrative pitfalls, its trained caseworkers provide a free. pro-active and confidential service dealing with debt issues, benefit applications and appeals, family law matters, lasting powers of attorney, probate, advocacy, practical postbereavement help, household management, correspondence with banks and building societies and much more.

Find out more by visiting www.paperweight.org.uk



INDEX

 Addication Support eg Drugs, Alcohol, Gambling

Chabad Lubavitch
Federation of Jewish Services (The Fed)

Adult Education

Aguda North West Hershel Weiss Children & Family Centre

After School Groups

Aguda North West Hershel Weiss Children & Family Centre The Friendship Circle

Benefits, Debt and Legal Advice

Aguda North West Hershel Weiss
Children & Family Centre
Association of Jewish Refugees
BINOH
Camp Simcha
Chabad Lubavitch
Chai Cancer Care
Federation of Jewish Services (The Fed)
Manchester Jewish Housing Association
Mesila UK
The Paperweight Trust

Business Support - Start Ups and Exisiting Businesses

JCommerce
The Jewel Foundation

Cancer Related Complimentary
Therapies and Group Support

Chai Cancer Care

Care for Older People - Day Care

Beenstock Home Federation of Jewish Services (The Fed) Manchester Jewish Community Care -Nicky Alliance Centre Care for Older People - Homecare

Outreach

Care for Older People - Nursing

Beenstock Home Federation of Jewish Services (The Fed)

Care for Older People - Residential

Beenstock Home Federation of Jewish Services (The Fed) Outreach

 Care for Older People - Supported Independent Living

Beenstock Home Federation of Jewish Services (The Fed) Outreach

Carer Respite

Camp Simcha
Federation of Jewish Services (The Fed)

Carer Support

BINOH
Camp Simcha
Chabad Lubavitch
Chai Cancer Care
Federation of Jewish Services (The Fed)
JSENSE

Association of Jewish Refugees

Children's Services

The Friendship Circle

Aguda North West Hershel Weiss
Children & Family Centre
BINOH
Camp Simcha
Chabad Lubavitch
Chai Cancer Care
Federation of Jewish Services (The Fed)
Jewish Women's Aid
JSENSE

Community Groups

Aguda North West Hershel Weiss Children & Family Centre

BINOH

Camp Simcha

Chabad Lubavitch

Federation of Jewish Services (The Fed)

Jewish Small Communities Network

Jewish Representative Council

Manchester Maccabi

Reform Judaism Manchester

The Friendship Circle

Community Security

CST

Shomrim Community Safety

Counselling

Aguda North West Hershel Weiss

Children & Family Centre

BINOH

Camp Simcha

Chabad Lubavitch

Chai Cancer Care

Jewish Action For Mental Health (JAMH)

Jewish Women's Aid

JSENSE

Migdal Emunah

Reform Judaism Manchester

Domestic Abuse and Safeguarding

Aguda North West Hershel Weiss

Children & Family Centre

Federation of Jewish Services (The Fed)

Jewish Women's Aid

Keren

Miadal Emunah

Reform Judaism Manchester

The Paperweight Trust

Educational Support

BINOH

Employment, Training and Business Support

The Jewel Foundation

Financial Loan

Chabad Lubavitch

First Aid and Medical Help

Aguda North West Hershel Weiss Children & Family Centre Hatzola Manchester

Food Bank

Aguda North West Hershel Weiss Children & Family Centre GIFT

L'Chaim Foodbank

Funeral and Bereavment Services

Chabad Lubavitch
Misaskim Manchester
North Manchester Jewish Cemetries
Trust
Reform Judaism Manchester

Grant Giving

Aguda North West Hershel Weiss Children & Family Centre Association of Jewish Refugees BINOH Federation of Jewish Services (The Fed)

Guidance on Managing Finances

Federation of Jewish Services (The Fed) Mesila UK

Housing Association

Manchester Jewish Housing Association

Learning Disability

Brookvale

Federation of Jewish Services (The Fed)

JSENSE

Langdon

Outreach

The Friendship Circle

Meals on Wheels

Beenstock Home

Chabad Lubavitch

Manchester Jewish Community Care -Nicky Alliance Centre

Medical Equipment Loan

Camp Simcha

Mental Health

BINOH

Camp Simcha

Chabad Lubavitch

Federation of Jewish Services (The Fed)

Jewish Action For Mental Health (JAMH)

Keren

Neshomo

Pathways Nesivos

The Paperweight Trust

Practical Emergency Support

Camp Simcha

Chabad Lubavitch

Jewish Women's Aid

Shomrim Community Safety

Religious Supervision and Jewish Law

Manchester Beth Din

Sexual Abuse Support Services

Migdal Emunah

Social Care

Association of Jewish Refugees

Beenstock Home

Brookvale

Federation of Jewish Services (The Fed)

Langdon

Outreach

The Paperweight Trust

Social Work Assesement

Association of Jewish Refugees

BINOH

Federation of Jewish Services (The Fed)

Support for People with Disabilities

Brookvale

Federation of Jewish Services (The Fed)

Langdon

Outreach

The Friendship Circle

Teenage Youth Club

Chabad Lubavitch

Transport

Camp Simcha

Federation of Jewish Services (The Fed)

Volunteer Support eg Shopping, Befriending

Association of Jewish Refugees

Camp Simcha

Chabad Lubavitch

Chai Cancer Care

Federation of Jewish Services (The Fed)

GIFT

Jewish Volunteering Network

Neshomo

Reform Judaism Manchester

The Friendship Circle

For a large print version please contact The Fed 0161 772 4800 or info@thefed.org.uk

Supported by BEAVERBROOKS