



Advanced Care Planning

How do we do things at Heathlands Village?

At Heathlands Village our usual practice is to offer a resident the opportunity to record their wishes when they have decided to make their placement permanent.

If a resident is admitted temporarily for respite care we will offer the opportunity to record their wishes at their request.

Family members are also welcome to take part in the discussion if invited by the resident.

The results of the discussion will be kept in the resident's nursing notes. This is to ensure that any healthcare professional who might be called on at night or weekend will be aware of the resident's wishes.

“ How people die remains in the memory of those who live on. ”

- Cicely Saunders
(Founder of Hospice movement)



Information for residents, family and friends

www.thefed.org.uk

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ACP
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What is Advanced Care Planning?

Advanced Care Planning, or "ACP" is an entirely voluntary process designed to help you prepare for the future.

When is the right time?

That depends on when it's right for you. There may be times in your life when you think about the consequences of becoming seriously ill or disabled. This may be at a time of ill-health or as a result of a life changing event. Or it may simply be because you are the sort of person who likes to plan ahead.

This about your care

You may want to take the opportunity to think about what living with a serious illness might mean to you, your partner or your relatives, particularly if you become unable to make decisions for yourself, or unable to express these to other people.

What should you think about?

- What are your care options - eg where would you like to be cared for - at home, in a hospital, nursing home or hospice?
- What are your thoughts on different types of treatment or care you might be offered?
- Do you want to refuse treatment?
- Do you want someone to speak for you?
- Do you want to appoint someone to make decisions for you using a Lasting Power of Attorney?
- How do you want your religious or spiritual beliefs to be reflected in your care?
- How do you like to do things, for example preferring a shower instead of a bath or sleeping with the light on?
- What concerns or solutions do you have about practical issues, for example who will look after a pet should you become ill?

Discussing and recording your wishes

Having thought about your future care we suggest that you discuss your preferences and priorities with those who look after you, for example your family members, nurses, doctors or care home manager.

(Of course whether you choose to do so is entirely up to you).

Assuming you do choose to discuss what you want to happen, this should be recorded in writing by you, or someone on your behalf.

This record of your wishes can be read by anyone who is involved in your care in the future so that they will know what you want to happen.

Anything can be included in the record of your wishes as these are personal to you. No matter how insignificant you may think a particular request to be, if it is important to you, it should be included.