

Friends and Family

September 2018



Our monthly newsletter for relatives about life at Heathlands Village

**THE
FED**

Caring for our Community

INTERGENERATIONAL FUN IN THE SUN

The front lawn at Heathlands Village was the venue for a Sports Day during The Fed's Summer Children's Play-scheme and residents, Moorview tenants and relatives were not mere spectators. They got involved as referees and judges too, handing out the winners' medals. Delighted Fed Play Leader, Carol Booth, commented on the intergenerational event: "To see some of our oldest and youngest clients having such fun together is exactly what we aim for - age is just a number!"



RESIDENTS TAKE THE HIGH ROAD

Residents are piloting innovative cycling technology at Heathlands Village. Motiview - created by Norwegian company Motitech - aims to aid mobility, cognition and sleep by encouraging older people, especially those living with dementia, to engage in physical activity. Riders pedal specially designed bicycles which face a giant TV screen and enjoy the immersive experience of cycling down country lanes, past the Eiffel Tower, or through north Manchester. The results have been astonishing. Residents as old as 101 years, cycled over 300km in the first two weeks of the scheme with enthusiastic feedback, including "my legs feel stronger than they have for years!"



PURR-FECT THERAPY

Residents had the purr-fect opportunity to relax recently as a playful kitten stopped by for a visit. 'Poshy' is a fully automated, robotic therapy cat, created by toys giant, Hasbro.

Billed as 'so much more than soft fur - these cats respond to petting, hugging and motion, just like the real thing' - our residents instantly fell in love, cooing and petting her until it was time for her nap!



COMING UP IN SEPT!

Apart from our regular residents' activities, special highlights coming up include:

Rosh Hashanah art group with art therapist, Chava Erlanger

Monday 3rd September 10am - 12pm

Rosh Hashanah chocolate workshop with chocolatier, Raanan Makin

Tuesday 4th September, 2pm

Rosh Hashanah Social Evening

9th, 10th and 11th Sept, 6.45pm - 8pm

Poetry morning with Janice and Charles Bloom

Monday 17th Sept, 10.30am - 11.30am

Concert with Ian Jenkins

Tuesday 18th Sept, 2pm

Rosh Hashanah Clothes Sale with Bobby's Fashion

Sunday 23rd Sept, 2pm

Yomtov Social Evening

23th, 24th and 25th Sept, 6.45pm - 8pm

Concert with Barry Jackson

Wednesday 26th Sept, 2pm

EMPLOYEE OF THE MONTH!

August's Employee of the Month Award was presented by CEO, Mark Cunningham, to Kelly Stanton who works in our Training Department. Congratulations Kelly - very well deserved!



FAREWELL LYNNE!

Colleagues and residents recently said farewell on the retirement of Lynne English, a long-serving member of staff, giving her a super send-off in the new lounge in Beach House! We wish her much happiness in this new chapter of her life.



TRIPPING THE LIGHT FANTASTIC

Residents, tenants and visitors enjoyed a spectacular afternoon tea dance recently, inspiring Maurice Peppi to sweep Donna Gallagher, from our Activity Team, off her feet!

CANINE COMPANIONS

From feline friends to canine companions - in August, children attending our Summer Play-scheme played host to two beautiful gentle huskies. The trained therapy dogs were proudly paraded around the Sunny Lounge at Heathlands Village by their young pals and introduced to residents and tenants. Here Tiffy Simons brings her new friend to meet resident Maurice Peppi!



HEATHLANDS VILLAGE RELATIVES' FORUM

Next meeting: Monday 3rd September at 7pm in The Central Cafe

The following meeting will be with Karen Johnson, Director of Clinical Services on Monday 8th October at 7pm

For more details contact heathlandsrelativesforum@gmail.com or visit www.heathlandsrelativesforum.co.uk



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